



---

# MUSCULOSKELETAL SYSTEM

---

*Please Check All Present Symptoms:*

## **Head**

- ( ) Frequent headaches
- ( ) Severe headaches
- ( ) Head feels heavy
- ( ) Vertigo
- ( ) Dizziness
- ( ) Light headedness
- ( ) Loss of taste
- ( ) Loss of smell
- ( ) Loss of hearing
- ( ) Loss of balance

## **Neck**

- ( ) Pain in neck
- ( ) Pain with movement
- ( ) Swelling in neck
- ( ) Stiffness in neck
- ( ) Pinched nerve in neck
- ( ) Neck feels out of place
- ( ) Muscle spasms in neck
- ( ) Grinding sounds in neck
- ( ) Popping sounds in neck
- ( ) Limited neck movement

## **Mid-Back**

- ( ) Mid-back pain
- ( ) Pain between shoulder blades
- ( ) Sharp stabbing pain
- ( ) Dull ache
- ( ) Pain from front to back
- ( ) Pain over kidney area
- ( ) Muscle spasms

## **Lower Back**

- ( ) Lower back pain
- ( ) Lower back feels out of place
- ( ) Muscle spasms

## **Shoulders**

- ( ) Pain in shoulders
- ( ) Pain across shoulders
- ( ) Muscle spasms
- ( ) Can't raise arm
- ( ) Above shoulder
- ( ) Above head

## **Arms & Hands**

- ( ) Pain in upper arm
- ( ) Pain in forearm
- ( ) Pain in hands
- ( ) Pain in fingers
- ( ) Pins & needles
- ( ) In arms
- ( ) In fingers
- ( ) Fingers go to sleep
- ( ) Cold hands
- ( ) Swollen fingers
- ( ) Loss of grip strength

## **Hips, Legs & Feet**

- ( ) Pain in buttocks
  - ( ) Pain in hip
  - ( ) Pain down leg
  - ( ) Knee pain
  - ( ) Leg cramps
  - ( ) Pins & needles in legs
  - ( ) Numbness in legs
  - ( ) Numbness in toes
  - ( ) Cold feet
  - ( ) Swollen ankles
  - ( ) Swollen feet
-